

ADIGA IYO HERGABKA

KA HORTAGGA KU KHICIDDA IYO BAAHIDDA

Hargab xilliyeedka iyo Hargabka faaffa ee loo yaqaan H1N1 hergab

H1N1

PREPARE4FLU2DAY
www.ColumbusPandemicFlu.org

Tallaabooyin aad isku ilaalin karto...

- Qaado tallaalka Hargab-xilliyeedka
- Gurigga Joog haddaad bukto (xanuunsantahay ama jirrantahay) oo ha tagin iskuulka ama shaqada
- Marka aad qufaceysid fadlan afka cududdaada (gacamta) ama fasaleeti ku dabool
- Dhaqista Gacmaha badi
- Ha taataaban indhahaaga, sankaga iyo afkaagaba
- Ka dheeroow dadka jirran
- Qaado tallaalka Hargabka ama fuluuga loo yaqaan H1N1 markaad heli karto

Ogow waxa socda oo macluumaad (ama infoormeeshan)...

- www.ColumbusPandemicFlu.org
- Wac 2-1-1 ama 221-2255 wixii suaalo hargab flu oo guud ku saabsan



10.22.09