

## HEALTH CARE FOR ADULTS (MEN & WOMEN) WITH LIMITED INCOMES – October 2011

### FREE CLINICS - MONDAY

#### Columbus Medical Association *Physicians Free Clinic*

**Description:** Free walk-in clinic. No appointment needed. **Photo ID required.** Does not provide on-going care, work, school or sports physicals. **Must be Franklin County resident, uninsured & at 200% of poverty or below (by self report).**

**Location:** Columbus Public Health, 240 Parsons Avenue, Columbus, OH 43215

**Hours:** **Monday evenings.** Registration begins at 4:30 pm. Please don't come before 4:30 pm.

There is no clinic on holidays or when Columbus Public Health is closed.

**Phone:** (614) 240-7430 or [www.goodhealthcolumbus.org](http://www.goodhealthcolumbus.org)

#### Asian American Community Services and OSU Medical Center *Asian Health Initiative Free Clinic*

**Description:** Free clinic that focuses on serving needs of the Asian community. Asian language interpreters arranged as needed. Provides on-going healthcare. No physicals. No walk-ins.

**Hours:** **Monday evenings 5:30-7:30 pm. Call for an appointment.**

**Location:** 2231 North High Street, 1<sup>st</sup> floor, Columbus, OH 43201

**Phone:** (614) 220-4023, ext. 224.

#### Xenos Fourth Street Free Clinic

**Description:** Free walk-in clinic for the working poor and homeless sponsored by Xenos Christian Fellowship. No school, work, or sports physicals. No disability, social security, workers compensation or any other type of disability claim will be processed. No dental. No pregnancy testing. No insurance or payment of any kind is accepted. Will provide sliding scale referrals for long term primary care or specialist services. Physical Therapy services available. Optometry services available on the 1<sup>st</sup> and 3<sup>rd</sup> Monday of each month

**Location:** 1934 N. Fourth Street, Columbus, OH 43201

**Hours:** **Monday evenings, 6:30 pm.** No appointments. 12 patients seen on a first come, first served basis. Patients must sign in between 6 and 7 pm.

**Phone:** (614) 823-6510, ext. 840.

### FREE CLINICS - TUESDAY

#### Ohio Latino Health Network and OSU Medical Center *Latino Free Clinic – La Clinica Latina*

**Description:** Free health clinic for Spanish speaking individuals. Provides on-going, comprehensive health care including gynecological care for women. (No OB

care). Also provides dental care. Medical doctor, dentist and staff all speak Spanish.

**Hours:** Usually the **1<sup>st</sup> & 3<sup>rd</sup> Tuesday evenings** but dental is only on the 1<sup>st</sup> Tuesday. Arrive by 4:30 pm to register. Patients are seen on a first come-first served basis.

**Location:** 2231 North High Street, Columbus, OH 43201

**Phone:** (614) 293-9906. Should call for current updates, (614) 832-6464 Clinic Coordinator

### Vineyard Free Health Clinics—Cooper Road Location

**Description:** Medical Clinic--free walk-in clinic located in the Community Center. **Must be uninsured, no Medicare, no Medicaid, & at 200% of poverty level.** First come, first served. Diagnosis & treatment of illnesses only. **No lab tests, injections or x-rays. Clinic does not provide on-going care.** Basic work physicals available by calling 614-259-5428 prior to coming. Christian affiliated.

**Location:** 6000 Cooper Rd, Westerville, OH 43081

**Hours:** **First Tuesday of every month.** Sign-in begins at 5:30 pm. Line forms earlier. Physicians begin seeing patients at 6:45 pm. 10 to 20 patients will be seen (depending on staffing) on a first come-first served basis.

**Phone:** (614) 259-5428 for questions.

### Xenos/Youth for Christ Free Clinic

**Description:** Free walk-in clinic for the working poor & homeless, sponsored by Xenos Christian Fellowship & Central Ohio Youth for Christ. No school, work, or sports physicals. No disability, social security, workers compensation or any other type of disability claim will be processed. No dental. No pregnancy testing. No insurance or payment of any kind accepted. Will provide sliding scale referrals for long term primary care or specialists. Optometry services available on the 1<sup>st</sup> and 3<sup>rd</sup> Monday of each month at the Xenos Fourth Street Free Clinic, 1934 N Fourth St, Columbus 43201

**Location:** 40 N. Chicago Avenue, Columbus, OH 43222

**Hours:** **Tuesday evenings, 6:30 pm.** No appointments. 25 patients seen on a first come, first served basis. Patients must sign in between 6 and 7 pm.

**Phone:** (614) 823-6510, ext. 840.

## FREE CLINICS - WEDNESDAY

### OSU Medical Center

#### Noor Community Clinic/Muslim Clinic of Ohio (MCO)

**Description:** Free clinic for eligible individuals whose household income is at or below 200% of poverty & are not eligible for Medicare, Medicaid or any other health insurance. Clinic provides routine medical care, including physical exams & treatment for non-emergency illnesses. The clinic does not provide immunizations, TB screenings or prenatal care. The clinic is run mainly by volunteer Ohio licensed Muslim physicians and health care professionals, OSU medical students and residents.

**Hours:** Wednesday nights 5 pm to 9 pm. Call for an appointment on Monday 10 am – 3pm or Tuesday 10 am - Noon. Leave your name & contact telephone number. The clinic coordinator will call you back between 4 pm to 7 pm on Monday or Tuesday for scheduling.

**Location:** OSU Rardin Family Practice Center, 2231 North High Street, 1<sup>st</sup> floor, Columbus, OH 43201

**Phone:** (614) 516-3075, email [noorclinic@yahoo.com](mailto:noorclinic@yahoo.com)

### Vineyard Free Health Clinics – Fifth Avenue

**Description:** Medical Clinic --free walk-in clinic. **Must be uninsured, no Medicare, no Medicaid, & at 200% of poverty level.** First come, first served set-up. We provide diagnosis & treatment of illnesses only. **No lab tests, injections, physicals or x-rays. Clinic does not provide on-going care.** Christian affiliated.

**Location:** 171 East 5<sup>th</sup> Avenue, Columbus, OH 43201

**Hours:** **Wednesday evenings.** Sign-in begins at 5:30 pm. Line forms earlier. Physicians begin seeing patients at 6:45 pm. 10-20 patients will be seen (depending on staffing) on a 1st come-1st served basis.

**Phone:** (614) 259-5428 for questions.

### Vineyard Community Church —Reynoldsburg

**Description:** Medical Clinic--free walk-in clinic. First come, first served set-up. Routine medical care & treatment for non-emergency illness. No lab work, x-rays, dental or immunizations. Vision services available as is legal, computer repair and tax (Feb-Mar). We also offer free minor auto care, bicycle repair & dog obedience training (May-Oct) on clinic night. A person can only attend ONE clinic on a Wednesday night. Christian affiliated.

**Location:** 15187 Palmer Road, Reynoldsburg, OH 43068

**Hours:** 1<sup>st</sup> Wednesday of the month, 6:30 - 8:30 pm

**Phone:** (740) 927-7729.

## FREE CLINICS - THURSDAY

### OSU Medical Center - Columbus Free Clinic

**Description:** Free walk-in clinic that does provide on-going care.

**Hours:** Thursday evenings only. 25-45 patients seen on first come, first served basis. Sign-up sheet posted from 7:00 am - 4:30 pm. The sign-up sheet is posted on the garage level beside the glass entrance doors. Names are taken at 4:30 pm on the 2nd floor. Patient must be present when name is called in order to be seen. Patients will begin to be seen at 5:45 pm. This clinic does not provide immunizations, STD, HIV or TB testing, or prenatal care. (See pgs 6, 11 & 12 for information about CPH clinics that provide those services). We only see returning patients once every 4 weeks.

**Location:** 2231 North High Street, Columbus, OH 43201

**Phone:** (614) 404-8417 or [www.ColumbusFreeClinic.com](http://www.ColumbusFreeClinic.com)

### Victory Ministries Free Medical Clinic

- Description:** Free walk-in clinic for uninsured individuals at or below 200% of poverty level sponsored by Victory Ministries. Offers routine medical care and treatment for non-emergency illness. Christian affiliated. Spanish interpretation is available.
- Location:** Living Hope Free Methodist Church, 4142 Westerville Road (south of Morse Road), Columbus, OH 43224
- Hours:** **2<sup>nd</sup> Thursday of each month.** Registration begins at 6:00 pm. Guests will be seen by doctor in order of paperwork completion.
- Phone:** (614) 252-2500.

### FREE CLINICS - FRIDAY

#### Helping Hands Health and Wellness Center

- Description:** Free clinic for the uninsured adult population at or below 200% of poverty level. Faith based. Patients seen on a first come, first served basis. Provides medical care, chiropractic, **WORK PHYSICALS ONLY on Fridays**, counseling for depression/anxiety, vision & dental referrals, some medication & lab services for Helping Hands patients, Benefit Bank, social services & spiritual guidance. Donations accepted. Spanish & French interpreters available & other languages if you call ahead.
- Location:** 1421 Morse Road, Columbus, OH 43229
- Hours:** **2 Fridays and 1 Thursday a month. Call 614-262-5094 to find out the clinic dates or check the calendar on our website at [www.helpinghandsfreeclinic.org](http://www.helpinghandsfreeclinic.org). Registration starts at 3:00 pm.**
- Phone:** (614) 262-5094

### FREE CLINICS - SUNDAY

#### New Life Health and Wellness Center

- Description:** Free walk-in clinic for the working poor and homeless sponsored by New Life United Methodist Church. Breakfast is offered at 6:30 am. Free clothing room is also available. Faith based. Spiritual guidance offered.
- Location:** 25 W. Fifth Avenue, Columbus, OH 43201
- Hours:** **Sunday mornings, 7 a.m. – 9 a.m.** No appointments, first come, first served.
- Phone:** (614) 294-0134. [www.newlifeunitedmethodist.org](http://www.newlifeunitedmethodist.org)

### OTHER FREE PROGRAMS - VARIOUS DAYS

#### Mt Carmel Health System

##### *Mt. Carmel Outreach Program*

- Description:** Mobile medical coach visiting scheduled sites to provide free urgent medical care to the uninsured and the underinsured.
- Hours:** Call for times for the mobile medical coach.
- Location:** Call for locations for the mobile medical coach.
- Phone:** (614) 546-4200

### Vineyard Free Health Clinics—Cooper Road Location

**Description:** Chiropractic Clinic – **Must be uninsured, no Medicare, no Medicaid, & at 200% of poverty level.** Provides evaluation and short term care for those with pain involving the head, neck, back, or joints. **No x-rays. Clinic does not provide on-going care.** Christian affiliated.

**Location:** 6000 Cooper Road, Westerville, OH 43081

**Hours:** **By appointment only.**

**Phone:** **(614) 259-5428, Call on Fridays 10:00 am–10:30 am to make an appointment for a later date. This is the only time that you can make an appointment.**

### PRIMARY HEALTH CARE FOR ADULTS (MEN & WOMEN) WITH LIMITED INCOMES – Fees charged. Appointments required.

#### Columbus Neighborhood Health Center, Inc.

**Description:** Provides integrated, comprehensive primary care, including OB/GYN and pediatrics, to individuals and families. Sliding fee scale based on income and family size. **Minimal co-pay for the uninsured will be explained at the time an appointment is made.** Accepts most health care insurances, Medicare and Medicaid.

**Hours:** **By appointment only.**

**Locations:** **East Central Health Center**, 1180 E. Main, Columbus, OH 43205  
**John Maloney Health Center**, 3781 S. High St., Columbus, OH 43207  
**St. Stephen’s Health Center**, 1500 E. 17<sup>th</sup> Ave., Columbus, OH 43219  
**Columbus Northeast Center**, 3433 Agler Rd, Columbus, OH 43219  
**Columbus Family Health & Wellness Center**, 2300 W. Broad St., Columbus, OH 43204

**Phone:** For all of the centers –Call **(614) 645-5500, press #1 to schedule an appointment.**  
<http://www.colnhc.org/>

#### Grant Hospital

##### Grant Outpatient Care Center

**Description:** Medicare & Medicaid (including Medicaid managed care plans) accepted. Financial assistance available for those without coverage - an application must be completed. There is a **\$25 co-payment** due at time of service for those without health insurance.

**Hours:** **By appointment only.**

**Location:** 393 E. Town Street, Suite 116, Columbus, OH 43215

**Phone:** (614) 566-9108

#### Heart of Ohio Family Health Centers at Capital Park

**Description:** Sliding scale fees for those who qualify. Serves adults, infants, children and seniors. **Currently, OB/GYN on Tuesdays** (additional days soon). Dental is on a limited basis at this time, once a month on Thursday. **Dental co-pay for those without insurance is \$50.** There is a **\$25 minimum co-payment** for those without health insurance for Primary Care and OB/GYN.

All insurances including Medicaid, Medicare, Anthem Blue, Molina and CareSource accepted.

**Hours:** **By appointment only.**  
**Location:** 2365 Innis Road., Columbus OH 43224  
**Phone:** (614) 416-4325 for appointments.

### Heart of Ohio Family Health Centers at Whitehall

**Description:** Sliding scale fees for those who qualify. Serves adults, infants, children and seniors. There is a **\$25 minimum co-payment** for those without health insurance. **OB visits co-pays are \$25 for those without any insurance.** All insurances including Medicaid, Medicare, Anthem Blue, Molina and CareSource accepted.

**Hours:** **By appointment only.**  
**Location:** 882 S. Hamilton Road, Columbus, OH 43213 (directly across the parking lot of Kroger's)  
**Phone:** (614) 235-5555 for appointments.

### Lower Lights Christian Health Center, Inc.

**Description:** Community health center providing family practice services and prenatal care. Provides adult/pediatric well and sick care and chronic disease management. All insurances including Medicare, Medicaid, CareSource & Molina. Sliding fee available to all that qualify, there is a **minimum \$ 10.00 fee** per Provider visit. A lab sliding fee is also available for those that qualify.

**Hours:** **By appointment only.** Evening and Saturday hours available.  
**Location:** 1251 W. Broad Street, Columbus, OH 43222  
**Phone:** (614) 274-1455.

### Mt. Carmel Medical Center Mt Carmel Health Station

**Description:** Most insurance including Medicaid, Medicare and Molina accepted. Financial assistance for those who qualify.

**Hours:** Monday – Thursday 8 am – 4 pm, Friday 8 am – 12 Noon. **By appointment only.**

**Location:** First Church of God, 3480 Refugee Rd, Columbus, OH 43232  
**Phone:** (614) 235-4039. **Call for an appointment.**

### Mt Carmel Health Station

**Description:** Most insurance including Medicaid, Medicare and Molina accepted. Financial assistance for those who qualify.

**Hours:** Monday – Thursday 8 am – 4 pm, Friday 8 am – 12 Noon. **By appointment only.**

**Location:** [United Methodist Church for All People](#), 946 Parsons Avenue, Columbus, OH 43206  
**Phone:** (614) 445-6275. **Call for an appointment.**

**Riverside Methodist Hospital  
Community Medicine**

**Description:** Sliding fee scale. Accepts most health insurance. Bring I.D. (driver's license, etc.) & 3-month income verification.  
**Hours:** **By appointment only.**  
**Location:** 500 Thomas Lane, Columbus, OH 43214  
**Phone:** (614) 566-5456.

**Nationwide Childrens Hospital and OSU  
South High Center for Primary Care**

**Description:** Sees adults & children. Financial assistance available. Medicare and Medicaid accepted.  
**Hours:** **By appointment only.**  
**Location:** 1392 S. High Street, Columbus, OH 43207  
**Phone:** (614) 722-6200 — Press prompt #1 or hold for a live person.

**FOR VETERANS ONLY**

**Chalmers P. Wylie VA Ambulatory Care Center**

**Description:** Provides comprehensive health care for eligible veterans (persons who've served in the active military & were discharged/released under conditions other than dishonorable) may qualify as may some Reservist & National Guard members. Call 1-877-222-8387 for an application.  
**Hours:** By appointment.  
**Location:** 420 North James Road, Columbus, OH 43219  
**Phone:** (614) 257-5200

**Chalmers P. Wylie VA Ambulatory Care Center  
Operation Enduring Freedom (Afghanistan)/Operation Iraqi Freedom  
(OEF/OIF) Program**

**Description:** Provides comprehensive care and case management to the returning OEF/OIF veterans in a 13 county area in Central Ohio. The services are provided on an outpatient basis. Walk-in or call for an appt.  
**Hours:** Mon. 7a-5:30p, Tues. 7a-4:30p, Wed. 8a-5:30p, Thurs. 8a-5:30p & Fri 7a-4:30p.  
**Location:** Chalmers P. Wylie VA Ambulatory Care Center, 420 N. James Rd, Columbus, OH 43219  
**Phone:** (614)-388-7068 for appointments, scheduling and enrollment.

**FOR WOMEN & THEIR PARTNERS – FEES CHARGED.  
APPOINTMENTS REQUIRED**

**Columbus Public Health- Women’s Health Services and Family Planning Center**

**Description:** Provides comprehensive pregnancy care services & well-women’s health care. Services include prenatal care, pregnancy tests, screenings for breast and cervical cancer, annual gynecological exams that include pap smears, breast exams and minor gynecological problems. Provides preconception counseling, reproductive life planning, birth control services, focused exams, seasonal immunizations and **screening and treatment of sexually transmitted infections of women and their partners.** Cash, Medicaid, Medicare Part B, CareSource, Molina Health Care of Ohio & United Health Care accepted. Fees for non-insured clients based on a sliding fee scale.

**Hours:** Monday through Friday by appointment. Walk-in pregnancy tests at specified hours.

**Location:** 240 Parsons Avenue, Columbus, OH 43215

**Phone:** (614) 645-1850 or 645-6424

**Phone for NEW Pregnancy Patients: Pregnancy Care Connection (614) 227-9866 or (614) 645-6837.**

**FOR WOMEN ONLY – FEES CHARGED. APPOINTMENTS  
REQUIRED**

**Riverside Methodist Hospital  
OB/GYN Community Care**

**Description:** Sliding fee scale. Accepts most health insurance. Bring I.D. (driver’s license, etc.) & 3-month income verification. Accepts new OB patients with proof of pregnancy. **All referrals must go through Pregnancy Care Connection. Phone 227-9866.**

**Hours:** **By appointment only.**

**Location:** 3535 Olentangy River Road, Columbus, OH 43214

**Phone:** (614) 566-5757

**FOR WOMEN ONLY – NO FEE CHARGED. APPOINTMENTS  
REQUIRED**

**Breast and Cervical Cancer Project (BCCP)**

**Description:** Provides breast and cervical cancer screening services for women between the ages of 40 to 64 yrs of age, are uninsured and live in households with an income of 200% or less than the federal poverty level. Services include mammograms, Pap tests, diagnostic services, if needed, and case management services.

**Hours:** Program office can be reached Monday through Friday 8:00 am to 4:30 pm.  
**Phone:** 1-866-418-4963

## OTHER HEALTH RELATED SERVICES

### Columbus Cancer Clinic

**Description:** Provides low cost cancer screening exams for men and women. (Do not have to live in Franklin County.) For men, a head to toe exam including skin, lymph nodes, and testicles is available. For men age 50 and older, a prostate exam and the PSA blood test is provided. For women age 18 and older, a head to toe exam including skin, lymph, breast & Pap test is provided. Screening mammograms are also available for women age 35 and older. Medicare and Medicaid accepted. Sliding fee scale available based on income.

**Hours:** By appointment. Monday – Friday 8:00 am – 4:30 pm. 2 evening clinics a month.

**Location:** 1699 W. Mound St., Columbus, OH 43223 (LifeCare Alliance building)  
Off site clinics and mammography are also available.

**Phone:** (614) 263-5006

### Health Care for the Homeless - Columbus Neighborhood Health Center, Inc.

**Description:** Primary health care, dental, vision, case management & outreach services for individuals with established homeless status. Intake assessment is required.

**Location:** Various sites.

**Hours:** Monday - Friday 8:30 am - 5:30 pm.

**Phone:** (614) 645-0521

### Lung Health Clinic - The Breathing Association

**Description:** Provides lung health screenings, on-going lung health care, comprehensive assessments and physical exams, chest x-rays, spirometry testing, asthma & COPD education & medication assistance to individuals with pulmonary or tobacco related diseases for persons with or without insurance. No co-pay will be collected. Also provides initial assessment & physical exam if a client has no healthcare provider & work physicals at no cost to individuals who financially qualify at or below **200%** of the poverty level. Financial screening completed through the HEAP office at same location for clients served at the 1520 Old Henderson Rd location. Call the **HEAP** office (614) 457-2997 to schedule or The Lung Health Clinic at (614) 273-2843 for more information.

**Location:** **Clinic at 1520 Old Henderson Rd. Columbus, Ohio 43220.** Bus passes available for those who qualify.

**Hours:** Monday & Wednesday 9:00 am to 3:00 pm. Closed at lunch from 12 Noon – 1 pm. Call (614) 273-2843 for more information.

**Mobile Unit:** Same services provided for free for those who qualify at or below **125 %** of the poverty level on a **mobile medical unit** in multiple locations in Franklin County. Financial qualification & scheduling completed at **IMPACT Community Action, 700 Bryden Rd.**  
**Call (614) 453-1708 to schedule.** Location of **mobile medical van** varies. Call **IMPACT Community Action at 700 Bryden Rd. (614) 453-1708** or visit [www.breathingassociation.org](http://www.breathingassociation.org).

**Hours:** Tuesday and Thursday 9 am to 3 pm. Closed at lunch from 12 Noon-1 pm.

### Pregnancy Care Connection

**Description:** Central scheduling for prenatal care at the Columbus Public Health Perinatal clinic, area hospital clinics & Columbus Neighborhood Health Centers.

**Hours:** Monday-Friday, 8:30 am – 4:30 pm

**Phone:** (614) 227-9866,

<http://www.healthymothersandbabies.org/CONTACT.HTM>

### Victorian Village Urgent Care (Doctors North)

**Description:** Financial assistance available for the facility bill, but not for the doctor's bill.

**Location:** 1132 Hunter Avenue, Columbus OH 43201

**Hours:** Monday-Friday 9 am – 7 pm, Saturday and Sunday 9 am – 5 pm. **Closed on major holidays.**

**Phone:** (614) 544-0900, press option 0

### Voluntary Care Network

**Description:** Residents in Franklin County who are at 200% of poverty or below & have no other source of health insurance can receive assistance with coordinating their health care needs.

**Phone:** (614) 884-2441 or [www.goodhealthcolumbus.org](http://www.goodhealthcolumbus.org) for more information including referrals to community health centers.

Prevent  
Getting &  
Spreading  
the Flu...



Wash your hands.  
Cover your cough.  
Stay home if  
you're sick.  
Get your flu shot  
every year.

 Columbus  
Public Health  
Healthier, Safer People  
[www.publichealth.columbus.gov](http://www.publichealth.columbus.gov)