

Indicators at a Glance

Health Status

Self-Rated Health Status Good, Very Good or Excellent	88.4%
14 Days or more of Poor Physical Health in Past 30 Days	9.4%
14 Days or more of Poor Mental Health in Past 30 Days	9.2%
14 Days or more of Poor Physical or Mental Health that Limited Activities in Past 30 Days	5.0%

Chronic Illness

Overweight or Obese ¹	59.1%
High Cholesterol (checked and ever told)	35.2%
Arthritis (diagnosed with)	27.4%
High Blood Pressure (ever told)	25.0%
Asthma (currently has)	8.0%
Diabetes (ever told)	7.3%
Heart Attack (ever diagnosed with)	3.9%
Coronary Heart Disease (ever diagnosed with)	3.4%
Stroke (ever diagnosed with)	2.5%

Healthy Behaviors

Over 65 years old ever had Pneumonia Vaccine	65.1%
Over 65 years old had a Flu Shot in the Past Year ²	59.5%
Exercise Recommended Amount ³	49.3%
Ever tested for HIV ⁴	36.8%
Eat 5+ Servings of Fruit and Vegetables Daily	23.8%

Risky Behaviors

Current Smoker ⁵	21.2%
Binge Drinker ⁶	16.5%
Chronic or Heavy Drinker ⁷	5.6%
Engaged in HIV High Risk Behavior ⁸	3.9%

Selected Demographics for Franklin County U.S. Census 2005 Estimates

Total Population: 1,068,080

Age

18 years and older	74.2%
65 years and older	9.5%

Gender

Female	50.9%
Male	49.1%

Race/Ethnicity

White	74.6%
Black or African American	21.2%
American Indian and Alaska Native	0.8%
Asian	4.0%
Native Hawaiian and Other Pacific Islander	<1%
Some Other Race	1.6%
Hispanic or Latino	3.3%

Economic

Income Below Poverty Level	14.5%
Unemployed	4.8%
Median Household Income	\$45,410
Average Household Size	2.4

Education

High School Graduate or Higher	88.2%
--------------------------------	-------

Country of Birth

Native to or Born in the U. S.	91.7%
Foreign Born	8.3%

Sexual Violence

Ever Victim of Attempted Unwanted Sex	11.4%
Ever Victim of Unwanted Sex	8.3%

Access to Care

Uninsured ⁹	12.5%
Unable to See Doctor Due to Cost in the Past 12 Months ¹⁰	10.9%



For more information:
Columbus Public Health
Office of Assessment and Surveillance
Director: Kathy Cowen, MS
www.publichealth.columbus.gov



Technical Notes:

The 2005 Franklin County Community Health Risk Assessment is a collaborative project prepared by Columbus Public Health with the support of The Columbus Foundation, Columbus Medical Association Foundation, Mt. Carmel Foundation, Nationwide Children's Hospital, The Ohio State University Medical Center, OhioHealth, Osteopathic Heritage Foundation, the United Way of Central Ohio, the Franklin County Board of Health and the Ohio Department of Health.

A total of 2,242 adult interviews were collected for the 2005 Franklin County Community Health Risk Assessment. For further comparative information see the Centers for Disease Control and Prevention's (CDC) Behavioral Risk Factor Surveillance System (BRFSS). (<http://apps.nccd.cdc.gov/brfss-smart/index.asp>) However, it should be noted that there is a difference in weighting methodologies between the data reported here and the CDC.

Prevalence is reported for those 18 years and older, unless otherwise noted.

1. Overweight or Obese indicates those with a body mass index of 25 or higher.
2. Does not include FluMist, the flu vaccine that is sprayed in a person's nose.
3. Recommended amount of exercise includes those who have met the recommendations for either moderate (30 or more minutes per day for 5 or more days per week) or vigorous (20 or more minutes per day on 3 or more days per week) physical activity.
4. HIV = Human Immunodeficiency Virus
5. Includes those who reported they smoked at least 100 cigarettes in their lifetime and now smoke some days or every day.
6. Adults who had 5 or more drinks on one occasion, one or more times, in the past 30 days.
7. Adult men who had more than 2 drinks per day and adult women who had more than 1 drink per day in the past 30 days.
8. Includes those 18 to 64 years who engaged in any of the following: intravenous drug use in the past year, treatment for a sexually transmitted or venereal disease in the past year, being given or receiving money or drugs in exchange for sex in the past year, and having anal sex without a condom in the past year.
9. Includes those 18 to 64 with NO health care coverage. Health care coverage includes health insurance, prepaid plans such as HMOs, or government plans such as Medicare.
10. Includes both insured and uninsured individuals.

