



MUUJIYAHA ADEEGYADA

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TUSMO

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Rugta Ilkaha	1
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Language Interpretation Services are available with all Health Services. See Health Department staff for assistance.

Adeeyo Tarjubaan ayaa laga helaa dhammaan Adeegyada Caafimaadka. Eeg Shaqaalaha Waaxda Caafimaadka si aad gargaar uga hesho.

Servicios de interpretacion son disponibles con los Servicios de Salud. Vea a un empleado del Departamento de Salud para asistencia.

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Xasuuso

- Dhamman Qadka furahiisa waa 614, hadii kale in la qoro moyaane.
- Magaalada Columbus waa Bixiyaha Fursad Adegedka loo Simanyahay/EEO Employer
- Haddi kale la soo qoro moyaane. Maclumaad badan oo laga heli karo www.publichealth.columbus.gov ama wac 311.

***Saacadaha Rugaha iyo Waaxyaha way isbaddeli karaan. Fadlan hore u soo wac. Waaxdu way xirantahay feestooyinka degmada iyo taariikho kale oo cayiman**

ADEEGYADA CAAFIMAADKA DHALLANKA/CARRURTA

Daryeela 2

Bixiyaan kakaalinta guri ku booqashada iyo adeegyada bulshada ee dumaarka xaamilada iyo waalidiinta dumarka African-American iyo dhalaankooda ee South Linden, ku dhow East, iyo ku dhow South. Adeegyada waa lacag la'aan.

Telefoonka: 645-7068

Sacadaha: 8:00subax-5:00galab,Isniinta-Jimcaha

Kooxda Gargaar Gaarsiinta Bulshada (COAT)

Bixiyaan tababar cafimaad iyo adeegyo lagu taagero dumarka xaamilada iyo dhallankooda. Adeegyada isku jiraan baritaanka uurka, gaarsiin, guri ku booqasho, la xiriira daryeelka canuga intuusan dhallan, xannaneynta carrurta iyo dhallanka, ku xirririnta iyo uu dirid adeegyo bulshadeed, cawinaad lagu helo Medicaid iyo gudbinta maclumaadka cafimaadka. Adeegyada waxaa lagu bixiya lac'ag la'aan.

Telefoonka: 645-7068

Sacadaha: 8:00subax-5:00galab, Isniin-Jimco ama Ballan u qabso

Rugta Ilkaha

Daryeel aasaasi ah ee ilkaha oo la awoodo oo ku aaddan muwaadiniinta Franklin County. Ballan kaliya, khidmado sicir kala duwan ayaa la helaa; caymisyada caafimaadka iyo ilkahana waa la aqbalaa. Ilko buuxin iskuuleed ayaa la helaa.

Telefan: 645-7487

**Saacado: 8:00subax - 4:00galab*, Isniin -Khamiis
8:00subax - 3:00galab Jimco**

*Xiran: 11:30subax - 1:00galab

Carruur Caafimaad leh, Miisaan Caafimaad leh (Healthy Children, Healthy Weights)

Carruur Caafimaad leh, Miisaan Caafimaad leh waa barnaamij ka hortaga cayilka kaasoo xoogga saara sare u qaadista nafaqada iyo jirdhiska carruurta da'adoodu u dhaxayso 0-5 sanadood ee xarumaha barashada hore ee carruurta iyo guriga. Barnaamijka Carruur Caafimaad leh, Miisaan caafimaad leh wuxuu aasaasiyan la shaqeeyaa xarumaha carruurta ee agagaarka Columbus.

Telefan: 645-7520

Saacado: 8:30subax - 5:00galab Isniin -Jimco

Barnaamijka Tallaalka (Tallalo)

Bixiyaan tallada carrurta iyo Tdap iyo hargabka xummada leh(flu)ee dadka waaweyn. Carrurta ay da'dooda ay ka yartahay 19 sano waxey helidoodaan tallalada muhimka ah Ee laga doonayo. Medicaid,Caresource,Molina,and United Health Care insurance waa la oggolyahay Ma jiraan canuug laga leexanayo awood lacag la'aan danted.Maclumaad ku sabsan qarashka waxaad ka heli kartaan www.publichealth.columbus.gov, aad" Barnaamijka Tallalka". Looma bahna ballan inaad qabsato, waqtiyada ballan la'anta way jadwaleysan tahay.Klinikada waxaa laga yabaa iney joojiso bukaan qadashada sacadaha jadwaleysanu ka hora haddi ay klinikadu aad uu mashqulsan tahay. Waxaa kaloo tallalada lagu qaban kara meelaha ay bulsho weynta isugu timado(sacadaha iyo meelaha wey kala duwanaa karaan ku xiran tahay dhacdaada).

Klinikada ugu wayn ee ballan la'anta Columbus Public Health, 240 Paron Avenue,OH 43215

Telefan: 645-7945

Saacado: 8:00subax-4:15galab, Isniin, Khamiis, Jimco

11:00subax-6:15galab Talaado

XIRAN TAHAY --- Arbacada

8:00subax-maalin- bar, Sabtiga labaad ee bill kasta

Kaniisadda Worthington United Methodist Church ee 600 High Street, Worthington, OH 43085

Runta ballan la'aanta

Saacado: 1:00galab-4:00galab, Talaadada 3aad bil kasta

Barnaamijka ka hortagga Dhaawaca (Kursiga Baaburka canuga)

Bixiyaa xog iyo adeegyo lagu yaraynayo dhaawaca carruurta oo ay ku jiraan: Hubinta ammaanka kursiga carruurta ee baabuurka, kuraasta baabuurta oo qiimo jaban oo loogu talagalay carruurta miisaankoodu dhanyahay ilaa 100 rodal ee qoysaska xaqa u leh; baqshimido ammaanka guryaha; iyo koofiyadaha bashkiilada. Hay'adda Hormuudka Ammaanka Carruurta Gaashaanbuurta Ohio. Si aad u eegto inaad xaqa u leedahay kursi baabuur canug oo qiimo jaban, soo wac Khadka ka hortagga Dhaawaca.

Teleefan: 645-6138

Saacado: 8:00subax - 4:30galab, Isniin - Jimco

645-7748 – Khad ah 24 -saacadood (duubidda – farriin dhaaf)

Barnaamijka ka hortagga Ku Summoowga Leedhka

Wuxuu ka dhex shaqeeyaa Barnaamijka Guryaha Caafimaadka leh si uu u bixiyo qiimeyn guri oo ku saabsan isha suntan Leedhka iyo halisaha kale ee guriga. Baarista dhiigga ee Leedhka ayaa loo helaa carruurta jirta lix bilood ilaa lix sanadood marka la ballansado ama mid kamid ah rugaheena baarista ee macaadinta (khamiista 2aad 8-11 subaxnimo iyo khamiista 3aad 3-7 galinka danbe bil kasta). Nadaafad yaqaano ama shati u haysta iyo kalkaaliyaal caafimaad ayaa u diyaar ah talo bixin marka aad farriin u dhaafto khadka 24 saacadood ah ama email health@columbus.gov.

Teleefan: 724-6000

Saacado: 7:45subax - 4:45galab, Isniin - Jimco

Guri ku Booqashada Ilmaha Dhasha

Kalkaaliyaasha Caafimaadka Bulshada waxay bixiyaan adeegyo guri ku booqasho oo ay siiyaan hooyooyinka iyo dhallaanka iyadoo ku salaysan awaamiirta ka timaadda cusbitaalada. Kalkaaliyaasha diiwaanka gashan waxay bixiyaan: qiimeyn jireed oo ay siiyaan hooyada iyo canugga; qiimeyn koritaan oo dhallaanka ah; tacliin ku saabsan moowduucyada dhallaanka iyo uurka; ku xiridda daryeelka caafimaadka aasaasiga ah iyo adeegyada bulshada kale ee loo baahanyahay.

Teleefan: 645-8323

Saacado: Ballan lagu helo

Daryeelka Caafimaadka Aasaasiga ah – Xarumaha Caafimaadka Xaafadaha ee Columbus (CNHC, Columbus Neighborhood Health Centers)

Daryeel Caafimaad oo ku aaddan dhammaan da'aha, laga helo shan xaafadood. Wuxuu bixiyaa shaqo shaybaar, talo nafaqo, EKG iyo adeegyo qorshayn qoys. Talo bixino aalkolo ayaa la helaa marka loo soo wareejiyo. Adeegyada uurka ayaa laga helaa dhammaan goobaha. Barnaamijyo farmashiyo ayey helaan macaamiisha joogtada ah. Ballan ayaa loo baahanyahay. Sicirro kala duwan ayaa jira. Medicare, Medicaid iyo caymisyada ayaa la aqbalaa. Adeegyada ilkaha iyo indhaha ee East Central iyo Westside.

Teleefan: 645-5500 – Xafiis Maamuleedka

Goobaha Xarumaha Caafimaadka Xaafadaha:

East Central Health Center	1180 E Main St	645-5535
	Daryeelka Indhaha (<i>isku cinwaan</i>).....	645-5540
Westside Health and Wellness Center	2300 W Broad St	645-2300
John R. Maloney South Side Health Center	3781 S. High St.....	645-3163
St. Stephen's Health Center	1500 E 17th Ave.....	645-2700
Columbus Northeast Center	3433 Agler Rd., Suite 2800.....	645-1600

Mashruuca JACAYL (Project LOVE) (Jecloow Carruurtaada oo Tallaal Goor Hore)

Iskaashi bulsho oo u dhaxeeya Caafimaadka Bulshada Columbus, Golaha Caafimaadka Franklin County, Custbitaalada nawaaxiga Badhtamaha Ohio, ururrada diimaha iyo ganacsiyada deegaan hoosaadyada, oo u shaqaynaya sidii ay u xaqiijin lahaeen in dhammaan carruurta Franklin County la tallaalo marka ay la egyihiin 2 jir. Adeegyada dadka waaweyn ee la xariira ka hortagga cudurada beerka ayaa sidoo kale la helaa. Xogtii dheeraad ah waxaa laga helayaa www.project-love.org.

Xafiiska Agaasimaha Teleefan: 645-6522

Saacado: 8:00subax- 5:00galab, Isniin - Jimco

Xafiiska Maamuleedka Teleefan: 645-6835

ADEEGYADA CAAFIMAADKA CARRUURTA, SOCOTA

WIC (Barnaamijka Dumarka iyo Dhallaanka)

Barnaamijka Tacliinta Nafaqadda iyo cuntada dumarka uurka leh iyo kuwa naaska nuujinaya, dhallaanka iyo carruurta jirta ilaa 5 sanadood. Shaqsiyaadka waafaqsan hannaanka xaq u lahaanshaha WIC waxay heli doonaan:

- Boonoyinka ay tahay cuntooyin nafaqo leh looga iibsado dukaamaha deegaan hoosaadyada.
- Qiimeyn nafaqo, talo, iyo tacliin
- Tacliin naas nuujin, talo, iyo taageero iyo sidoo kale tubada lagu liso naasaha sida loogu baahdo shaqo ama iskuul. Caanaha dhallaanka waxaa la siiyaa ilmaha dhashay ee aan naaska la nuujinin.

Teleefan: 645-7280

Saacadaha: 7:45subax - 5:00galab, Isniin/Arbaco/Khamiis
9:45subax - 7:00galab, Talaado
7:45subax - 11:30subax, Jimco

Goobta: Waxaa jira 17 goobood oo WIC ah Franklin County. Goobta kuugu dhaw ballan ka qabso.

ADEEGYADA CAAFIMAADKA DADKA WAAWEYN

Barnaamijka Aalkolada iyo si xun u isticmaalidda Daroogada

Wuxuu bixiyaa ka hortag aalkolada iyo si xun u isticmaalidda daroogada, faragelinta iyo adeegyada daaweynta bukaan socadka. Adeegyada waxaa la siiyaa maalinti iyo galinta danbe labadaba waxaana kamid ah: Bukaan eegtada u cayiman jinsiga, daaweynta sare ee bukaan eegtada raga iyo dumarka; gaar ahaan nimanka xisbaanigga ah ka soo jeeda iyo daaweynta ku wajahan nimanka Africentric; gaaridda aalkolada/daroogada iyo HIV, tacliin, iyo baaris; taageero iyo tacliin carruurta ay saamaysay si xun u isticmaalidda daroogada; aalkolada/tacliinta daroogada dadka waaweyn ee aan u baahnayn daaweynta; gargaar farsamo oo ku aaddan ka hortagga ee bulshada. Sicirro kala hooseeya ayaa la helaa adeegyada daaweynta bukaan socod eegtadana waxay qaataan Medicaid.

Teleefan: 645-7306

Saacado: 9:00subax - 5:00galab, Isniin, Jimco
9:00subax - 9:00galab, Talaado - Khamiis

Barnaamijka HAA (YES Program) – wuxuu taageero iyo tacliin siiyaa carruurta jirta 5-13 ee ay saameeyaan si xun daroogo u isticmaalidda waalidka

Teleefan: 645-6256

Klinikada la'cag la'aanta-Daryeelka Booqashada Bukaanka

Klinikada la'cag la'aanta-Daryeelka Booqashada Bukaanka

Columbus Public Health waa guriga ay takhatiirka Volunteerka wiik kasta ay ku bixiyaan daryel cafimaad oo lacag la'aan ah iyo **Columbus Medical Association**. Daryeelka la bixiya oo ku salaysan balan la'aan; waa daryeel gaar ahaaneed oo lo diri takhtarka. Isniinta habeenkeda oo kaliya. Soo dhaweynta iyo is qorida wexey bilaabata 4:30 galab.

Teleefon: 240-7430

Saadaha: is qorida wexey bilaabata 4:30 galab, Isniin oo kaliya*

*Ma jirto klinikada marka ay Columbus Public Health dhismaheedu xiran tahay.

ADEEGYO KALE

Qaniinyada Xayawaanka, Xayawaanka Halista, Xakameynta Raabiyada

Wuxuu ka jawaabaa cabashooyinka qaniinyada xayawaanka; wuxuu bixiyaa xog ku saabsan tallaalada raabiyada; wuxuu rugaha ku qabtaa tallaalid bisadaha, eeyaha iyo bakaylayaasha.

Teleefan: 645-6134

Saacado: 8:00subax - 4:00galab, Isniin - Jimco

Qiimeyn iyo Kormeerid

Ku takhasuse cudurrada la isku daarto ayaa wuxuu bixiyaa xogo badan oo kala duwan oo ku saabsan sugnaanta caafimaadka bulshada iyo qiimayno (tusaale ahaan, heerka dhimashada, dabeecadda caafimaadka, dhaawaca, iwm.)

Teleefan: 645-6252

Saacado: 8:30subax - 5:00galab, Isniin - Jimco

Shahaadooyinka Dhalashada iyo Dhimashada (Tiro Koobka)

Wuxuu diiwaangeliyaa oo soo saaraa nuqulada shahaadooyinka dhalashada iyo dhimashada ee Degmada Franklin County ilaa iyo 1908. Waxaa jira khidmad dhan \$25 nuqulkii la caddeeyaba. Adeeg isla maalintaa ah waxaa la helaa saacadaha 8:00subax – 12:00duhur marka laga reebo Arbacooyinka 9:00subax-12:00duhur. Adeegga waxaa sidoo kale lagu helaa teleefan ama Faakix la soo raaciyo lanbar kaadh bangi/amah (kharash dheeraad ah ayaa raacaya). Codsiyada boostada lagu soo dalbado wuxuu qaataa 7-14 maalmood. Shahaadooyinka carruurta markaas dhashay waxay qaadataa 8-10 toddobaad. Foomamka Arjiga waxaa laga heli karaa shabakadda: www.publichealth.columbus.gov.

Teleefan: 645-7331

Saacado: 8:00subax - 4:15galab*, Isniin - Jimco

Shatiyeynta Farshaxanka Jirka

Baqshimidda iyo shatiyeynta goobaha midabbaynta iyo jir daloolinta.

Teleefan: 645-7005

Saacado: 8:00subax- 4:30galab, Isniin - Jimco

Halista Kiimikada Iyo Walxaha Kale

Wuxuu baaraa oo ka tala bixiyaa halista wasakhda iyo ammuuraha maamulidda caabuqyada wasakhda. Barnaamijka, oo kaashanaya hay'adaha xaaladaha degdegga ah ee deegaan hoosaadyada iyo warshadaha, waxay degmada Franklin County uga hawlgalaan sidii koox qorshayn isu diyaarin xaalad degdeg ah oo kiimiko keentay.

Teleefan: 645-7005

Saacado: 7:45subax - 4:45galab, Isniin - Jimco

Kooxda Dib u eegidda Dhimashada Carruurta

Caafimaadka Bulshada ee Columbus wuxuu bixiyaa hoggaan koox ururro badan ka kooban oo dib u eegta dhimashada carruurta ilaa da'ada 17 si loo fahmo sababta carruurta u dhintaan oo ayna oo sammeeyaan hannaan farsamo waxgal ah oo lagu yaraynayo ama lagu joojinayo dhimashada carruurta ee laga hortagi karo ee Degmada Franklin County.

Teleefan: 645-1667

Saacado: 8:00subax - 5:00galab, Talaado/Khamiis/Jimco

Nidaamka Magaalo Weynta Columbus ee Jawaabta Caafimaadka (CMMRS, Columbus Metropolitan Medical Response System)

Caafimaadka Bulshada Columbus waa hay'adda hormuudka ka ah CMMRS si loo qorsheeyo xaalado degdeg ah oo caafimaad oo ku lug leh qaraxyo kiimiko, cudur, shucaac, niyuukleer. Nidaamka CMMRS waxaa laga matalaa hay'adaha sharci xoojinta, dabka, caafimaadka bulshada, cusbitaalada, Laanqayrta Cas ee Maraykanka, caafimaadka dhimirka, sarkaalka baarista meydka iyo hay'adaha kale ee maamulka xaaladaha degdegga ah.

Teleefan: 645-6736 / 645-7089

Saacado: 8:00subax - 5:00galab, Isniin - Jimco

Nidaamka Soo Warinta Cudurrada Faafa (CDRS, Communicable Disease Surveillance and Control)

Xirfadle-yaasha caafimaadka iyo shaybaarrada waxaa waajib ku ah inay waaxda caafimaadka bulshada ee deegaan hoosaadkooda u soo sheegaan kiisaska cudurrada faafa sida uu qabo xeerka Ohio ee Dib loo saxay ee 3701. CDRS waa khad teleefan oo 24 saacadood furan oo laogu soo sheego Waaxda Caafimaadka Bulshada ee Columbus ama Golaha Caafimaadka ee Degmada Franklin County, **waxay khusaysaa Xirfadle-yaasha caafimaadka iyo shaybaarrada oo kaliya.** Daryeel bixiyaasha soo sheegaya cudurka heerka A-1 inta lagu jiro habeenkii, maalmaha fasaxa ah ama feestooyink ah, wac 645-7417.

Teleefan: 525-8888 -ama- 525-8889 (24 saacadood) Faakis: 525-8890

Xaalad degdeg ah Kaalkaaliyaha Heeganka leh: 645-7417

Ilaalinta iyo Dhawridda Cudurrada Faafa

Wuxuu xaqiijiyaa si ku habboon u baarista iyo dabagalka dhammaan kiisaska cudurrada faafa ee la soo wariyey, wuxuu qabtaa ilaalo cudur, hirgelin farsamooyin ka hortag, waxbarid/tacliin muwaadiniin, maarayn kiisaska Hepatitis B ee dumarka uurka leh. Dadka ay soo foodsarto xaalad degdeg ah ee doonayo inay la hadlaan kalkaaliyaha Cudurada Faafa (CD) wuxuu soo wici karaa khadka kalkaaliyaha inta lagu jiro saacadaha caadiga ah, qofka heeganka leh habeenkii, maalmaha fasaxa ah iyo feestooyinka. (Lanbaraka heeganka wuxuu wacaha u oggolaan doonaa inuu ku xiro kalkaaliyaha Cudurada Faafa (CD) goor kasta oo maalintii ah.)

Teleefan: 645-1474 (CD Nurse)

Saacado: 8:00subax - 4:30galab, Isniin - Jimco

Teleefanka Kalkaaliyaha Heeganka leh: 645-7417

Khadka Xaquuqda Ogaanshaha Bulshada

Wuxuu dusha kala socdaa oo bixiyaa xog ku saabsan kiimiko lagu isticmaalay ama lagu xareeyey gudaha Columbus/Franklin County.

Teleefan: 645-6275

Saacadaha: 7:45subax - 4:45galab, Isniin - Jimco

Xariirka Abuuridda Bulshooyin Caafimaad qaba

La shaqeeyaa xariirada bulshada si loo abuuro qorshooyin, nidaamyo iyo isbaddelo bay'adeed xarumaha bulshada, iskuulada, goobaha shaqada, xarumaha caafimaadka ee la xiriira jir dhiska, helidda nafaqo/cunto, iyo ka hortagga isticmaalka tubaakada. Waxay iminka sahaan qorshooyin ay u sammaysay jirdhiska goobo ku yeelo Franklin County, Columbus oo leh guddi ka shaqeeya Helidda Cuntooyin Caafimaad leh, iyo Iskaashi Ka Xoroobid Tubaako.

Teleefan: 645-0743

Saacado: 8:00subax - 5:00galab, Isniin - Jimco

Isu Diyaarinta Xaalad Degdeg ah

Wuxuu quweeyaa kartida bulshada Columbus ee ay isugu diyaarinayso uguna jawaabayso xaalad degdeg ah. Tani waxaa kamid ah: la shaqaynta hay'adaha kale; soo saaridda iyo ku dhaqanka qorsho ficileed; daawashada iyo ka jawaabidda calaamado aan caadi ahayn oo cudur; tababarka shaqaalaha si ay u badbaadiyaan caafimaadka iyo ammaanka muwaadiniinta; iyo bixinta xog bulsho.

Teleefan: 645-7089

Saacado 8:00subax - 5:00galab, Isniin - Jimco

Barnaamijka Gargaarka Shaqaalaha Degmada Columbus (EAP)

Wuxuu bixiyaa talo iyo adeegyo xogeed oo ku aaddan Shaqaalaha Baladka iyo xubnaha qoyskooda ee ay soo wajahdo dhibaatooyin shaqsiyadeed iyo/ama shaqo la xariirta. Wuxuu moowdduucyo badan oo kala duwan ka bixiyaa tababarro iyo tacliin.

Teleefan: 645-6894

Saacado: 8:00subax - 5:00galab, Isniin - Jimco

Wakhtiyada kale waa ballan ayaa lagu helaa

Cabashoyiinka la xiriira Cuntada: 645-3111

Ilaalada iyo Shatiyeynta Cuntada

Wuxuu masuul ka yahay shatiyeynta iyo baqshimidda hawlgallada adeegyada cuntada iyo goobaha tafaariiqda cuntada. Wuxuu masuul ka yahay baqshimid mac'hadeedka taasoo ay ku jiraan sixidda mac'hadyada, cusbitaalada umulinta iyo iskuulada.

Teleefan: 645-8191

Saacado: 8:00subax - 4:30galab, Isniin – Jimco

Soo Sheegidda Cudurrada Cuntada ka dhasha

Kalkaalisada Ka hortagga cudurrada faafa ayaa ka jawaabta/Jawaaba oo baarta/baara dhammaan cabashooyinka bulshada ee cudurrada cuntada ka dhasha . Baaris ku habboon ayaa la bilaabaa 24 saacadood gudahood marka cabasahda la helo. Goob kasta oo cunto oo ay shati siisay Degmada Columbus oo lagu muujiyey taariikhda cuntada inay qayb ka tahay baarista waxaa loo weecin doonaa Barnaamijkeena Baqshimidda Cuntada si loo baqshimo.

Teleefan: 645-1791

Saacado: 7:45subax - 4:45galab, Isniin – Jimco

Xariirka Caafimadka iyo Arrimaha Bulshada

Wuxuu bixiyaa xog caafimaad oo la siiyo saxaafadda deegaan hoosaadka iyo dadweynaha.

Teleefan: 645-6928

Saacado: 7:30subax - 4:30galab, Isniin – Jimco

Qorshayn Caafimaad

Wuxuu bixiyaa hoggaan iyo aqoonsi ammuuraha muhiimka u ah caafimaadka bulshada, qorshaynta caafimaadka iyo soo saaridda nidaam farsamooyin iskaashi hagaajin caafimaad.

Teleefan: 645-6189

Saacado: 8:00subax - 5:00galab, Isniin - Jimco

Barnaamijka Guryo Caafimaadka leh

Barnaamijka guryaha caafimaadka leh wuxuu la shaqeeyaa Xafiiska Guryeynta iyo Horumarinta Magaaloooyinka ee Maraykanka, Barnaamijka Ilaalinta Halista Leedhka, wuxuu bixiyaa qiimeyn bay'adeed ama caafimaad oo guriga dhexdiisa ah si looga badbaado halis guriga ku timaadda. Wuxuu wajahaa daxalaysiga iyo arrimaha neefta keena, iyo ka hortag summoobid. Nadaafad yaqaano shati u haysta iyo kalkaaliyaal caafimaad ayaa la helaa si loola tashado maalmaha shaqada.

Teleefan: 645-8191

Saacado: 8:00subax - 4:30galab, Isniin –Jimco

Xafiiska Xaafadaha Caafimaadka leh

Si aan u dhiso hab nololeed caafimaad leh oo bulshadu yeelato, waxaanu u adeegynaa sida: Bixinta xog caafimaad, qabashada munaasabado fayadhawr bulsho; xog u sharxid bulsho, isku dubba-rididda guddiyo talo bixino caafimaad oo xaafadaha ka gargaara wajihidda ammuuraha caafimaad iyo abuuridda ka war haynta ammuurahan.

Teleefan: 645-0732

Saacado: 8:00subax - 4:30galab, Isniin – Jimco

Barnaamijka Goobaha Caafimaadka leh

Sare u qaadista caafimaadka iyo xirfadaha nolasha Columbus iyadoo: 1) loo marayo siyaasado iyo macaamilo lagu yaraynayo saamaynta xun ee caafimaad ee ka timaadda bay'adda; iyo 2) abuuridda goobo sare u qaada jimicsiga jirka oo qayb ka noqota nolol maalmeedka. Shaqaaluhu wuxuu sare u qaadaa ka warhaynta qawaniinta si firfircoon u noolaanshaha, wuxuuna la shaqeeyaa Degmada iyo hay'adaha iskaashiga la leh ee bulshada si dib loogu eego, dib loogu habeeyo ama loogu aburo Degmada Columbus qorshooyin iyo macaalimo saamaynaya dhismaha bay'adda.

Teleefan: 645-5318

Saacado: 7:00subax - 4:00galab, Isniin –Jimco

ADEEGYO KALE, SII SOCOTA

Barnaamijka Iskuulada Caafimaadka leh

Wuxuu badbaadiyaa caafimaadka iyo ammaanka carruurta iskuulada ee bulshada iyadoo la baabi'inayo halista dhismaha iskuulka. Xarumaha iskuulada dadweynaha iyo kuwa gaarka loo leeyahay ee ku dhexyaalo Degmooyinka Columbus iyo Worthington oo labo jeer sanadkiiba la baqshimo.

Teleefan: 645-7005

Saacado: 8:00am - 4:30pm, Isniin –Jimco

Khayraadka Dadka

Wuxuu masuul ka yahay tababaridda iyo taageeridda shaqaalaha Waaxda Caafimaadka Bulshada ee Degmada Columbus.

Xog

Teleefan: 645-6046

Saacado: 7:30 subax- 4:30galab, Isniin - Jimco

Caddayn Shaqo

Teleefan: 645-6568

Saacado: 8:00s ubax - 5:00galab, Isniin - Jimco

**Khadka Adeegga Shaqada
madaniga ah**

Teleefan: 645-7667

Saacado: 24 saac, Isniin - Jimco

Mac'hadka Si Firfircoon u Noolaanshaha

Isaakaashiga ururrada bulshada iyo barnaamijyada caafimaadka bulshada Columbus ee la xariira si ay u xaafadaha caafimaadkoodu hooseeyo u siiyaan cunto nafaqo leh iyo jimicsi jireed. Waxay u shaqeeyaan sidii ay ugu hortagi lahaayeen una yarayn lahaayeen cudurrada halista ah sida cayilka saa'idka ah iyo sonkoroowga. Hay'adda Aasaaska Si Firfircoon u Noolaanshaha waa deeq ku buxisa si firfircoon u noolaanshaha aasaaska xafiiska Columbus ee taageera shaqada mac'hadka.

Teleefan: 645-4798

Saacado: 8:30subax – 5:30galab, Isniin – Jimco

Guryaha la Sammeeyey ee La Dego/Guryaha Guurguura

Shatiyeynta iyo baqshimidda guryaha la sammeeyey ee la dego si loo xaqiijiyo u hoggaansanka shuruucda gobalka Ohio.

Teleefan: 645-8191

Saacado: 7:45subax - 4:45galab, Isniin – Jimco

Caafimaadka Dadka Laga tirada badanyahay

Wuxuu bixiyaa hoggaan lagu wajahayo baahida caafimaad ee dadka jinsiyadaha laga tirada badanyahay. Wuxuu bixiyaa tacliin, gaarid diin ku salaysan, adeegyo caafimaad iyo tacliin, iyo u sahlid amuuraha walaaca leh ee bulshada. Wuxuu xariiriyaa adeegyada turjubaanka waaxyada iyo tababarrada dhaqamada kala duwan.

Teleefan: 645-7335

Saacado: 8:00subax - 5:00galab, Isniin - Jimco

Kanecada iyo Kontroolka Cayaayanka

Waxay ilaalisa kanecada iyo kontroolka dhaqdhaqaaqada si ay uu yareeyso cudurrada ay kanecadu wado sida Saint Louis Encephalitis, LaCros Encephalitis iyo West Nile Virus. Waxay uu shaqayaan si ay ugu kontroolaan buufinta kanecada, dilida ukumahada si aysan ugu tarmin meelaha. Waxay ilaalisa Shanqarteeda ayago kula talinayo waaxda kobcinta (Development Department) in la kontorola dhalashadeeda. Bixisa maclumaad iyo talo sin iyo adeegiyo ku sabsan sunta laysa cayayaanka iyo kontrolka xaywaan kasta oo lugo dhowr xubnod ah leh.

Teleefan: 645-8191

Saacado: 7:45subax - 4:45galab, Isniin -Jimco

645-3111 Cabashoyiinka la xiriira kanecada

Adeegyada Xaafadaha

Wuxuu la shaqeeyaa xaafadaha Columbus iyo Xarumaha Neighborhood Pride iyo waaxaha kale ee Degmada iyo barnaamijyada bulshada si muwaadiniinta loogu xiro khayraadka bulshada iyo kuwa caafimaad ee la helo. Xarumaha Degmada ee Neighborhood Pride iyo goobaha kale ee bulshada.

Teleefan: 645-6450 **Administration** **Saacado:** 8:00subax - 4:00galab, Isniin - Jimco
724-0100 **Community Center East Pride Center**
645-0176 **Franklinton Pride Center**
724-0115 **Near East Side Pride Center**
724-1900 **North Side Pride Center**
645-8097 **Southside Pride Center**
645-6807 **Farriimaha codka ee su'aalaha aan degdegga ahayn**

Ahmiyadaha Caafimaadka Bulshada

Wuxuu kormeeraa oo waraaqo rasmi ah u yeelaa u hoggaansanka hannaanada caafimaadka bulshada wuxuuna xariiriyaa aasaasidda heerarka waxqabadka barnaamijyada waaxda. Wuxuu ururiyaa oo u kuurgalaa xogaha sahanka ee la xariira qanacsanaanta macaamiisha ee adeegyada ay waaxda caafimaadku bixiso.

Teleefan: 645-6751 **Saacado:** 7:45subax - 4:45galab, Isniin – Jimco

Mashruuca Amniga Bulshada

Wuxuu dhiirrigeliyaa ammaanka gaadiidka isagoo u maraya gaashaanbuurta iskaashiga la leh ee sharci xoojinta, caafimaadka, waxbarashada, injineeriyada, gaadiidka iyo qoshaynta, iyaygoo kaashanaya muwaadiniinta. Wuxuu u shaqeeyaa sidii uu yarayn lahaa shilalka gaadiidka, dhaawacyada iyo dhimashada Degmada Franklin iyadoo la wajahayo isticmaalka suunka ammaanka, cabidda iyo baabuur wadista, xawaaraynta, ammaanka dadka lugaynta, dhallinyarada baabuurta wadda iyo ammaanka mootooyinka.

Teleefan: 645-6836 ama 645-6138 **Saacado:** 8:30subax - 4:30galab, Isniin – Jimco

Barnaamijka Sigaar ka caaganaanta Gudaha

Qaanuunka Ohio ee sigaar la'aanta goobaha shaqada, Caafimaadka Bulshada ee Columbus waxay masuul ka tahay iyadoo ah hay'adda loo qoondeeyey ka jawaabidda cabashooyinka iyo xoojinta. Ku xadgudbidda qaanuunka gobalka ee goobaha loo dajiyey waxaa lagu soo sheegi karaa iyadoo la soo waco khadka gobalka Ohio.

Xogta Guud **Teleefan:** 645-7005 **Saacado:** 8:00subax - 4:30galab, Isniin- Jimco
Khadka soo Sheegidda Cabashada **Teleefan:** 866-559-OHIO (6446) - 24 saacadood./maalintii

Ammaanka Biyaha

Shatiyada iyo baqshimidda baraagaha dabbaasha dadweynaha iyo goobaha la isku huuriyo, ceelasha biyaha sida gaarka ah loo leeyahay, dadka ka dhexaysa, qashin qubiyada (ganacsiga yar) iyo goobaha qashinka si loo hubiyo inay waafaqsanyihiin shuruudca gobalka Ohio.

Teleefan: 645-8191 **Saacado:** 7:45subax - 4:45galab, Isniin - Jimco

KHAKDA XOGTA IYO BARNAAMIYADA AAN DAABACNAYN

Teleefan: 645-7417 (Farriin Duuban)

Saacado: 7:45subax - 4:45galab, Isniin - Jimco

Teleefanka La Wareejiyo: Khadka ku sug wicitaankaaga waxaa loo wareejin doonaa qof ka jawaaba.

Teleefanka batoomada la riixo leh: Gaaro kasta, waxaad xog ka heli kartaa barnaamijyadan adigoo riix lanbarka ku aaddan.

- 2 Shatiyeynta cuntada, baraagaha ama bullaacadaha, qaniinyada xoolaha; ammaanka biyaha ama halista kiimikada
- 3 Tallaalka carruurta, tallaalka hergabka, ama soo sheegidda cudurrada faafa
- 4 Shahaadooyinka dhalashada ama dhimashada
- 5 Adeegyada caafimaadka galmada iyo baarista HIVga
- 6 WIC – Barnaamijka Nafaqooyinka Dumarka, Dhallaanka iyo Carruurta
- 7 Adeegyada Kalkaalinta ama booqashooyinka guriga
- 0 Hawgalka barnamijyada aan liis gareysneyn ama maculmadiyo kale

TILMAAMAHA CAAFIMAADKA BULSHADA COLUMBUS

240 Parsons Avenue, Columbus, OH 43215

Teleefan: 614 / 645-6447

Waxaan ku naalnaa Parsons Avenue dhanka jidka E. Main, inta u dhaxaysa etween Main and E. Broad St, dhinaca bariga ee gudaha magaalada. (Labadaba Main iyo E. Broad waa laga geli karaa jidweynaha I-71 ee koonfurta u sucda; Jidka E. Broad oo kaliya ayaa laga geli karaa jidweynaha I-71 ee waqooyiga aada.)

Baabuur Dhigashada: Goob baabuurta la dhigto oo lacag la'aan ah ayaa laga helaa dhismaha qaybta sare ee baabuurta la dhigto. Dhismaha ka garab raac dhinaca waqooyi si aad dhanka danbe ee sare goobta baabuurta la dhigto u hesho. Iridda gelidda gudaha Barsadda dhexe way ka xirantahay goobta baabuurta la dhigto. Miiska Xogaha Ka Eeg Tilmaamaha Rugta ama qolka.

Marka aad ka imaanayso Bariga, Galbeedka, ama Koonfurta Magaalada: I-71 N aad E. Broad St; Midig ugu leexo Broad (east); Midig ugu leexo nalka xiga (Parsons Ave.). Dhaaf labo nal (Bryden Rd./Town St.) oo dhanka bidixe u gal dariiqa 2aad.

Marka aad ka imaanayso Dhanka Waqooyi ee Magaalada: I-71 S aad E. Broad St.; bidix u gal Broad (east)- gal laynka midige; midig dhanka xiga ee (Parsons Ave.). Dhaaf 2 nal (Bryden Rd./Town St.) oo dhanka bidixe u gal dariiqa 2aad.

Marka aad ka imaanayso dhanka Gegida Diyaaraha ee Columbus: I-670 West gal 71S; kadib qaado bixidda 1aad - Broad St.; bidix u gal Broad (isticmaal khadka dhexe oo ka bax kan baxaya). Midig ugu leexo nalka xiga - Parsons Ave. Dhaaf 2 nal (Oak Street & Bryden Rd./Town St.) oo dhanka bidixe u gal dariiqa 2aad.

Khariidadda jidadka oo laga helo <http://publichealth.columbus.gov/driving-directions.aspx>